



SOUTHERN IDAHO  
OPHTHALMOLOGY

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*DR KLINGLER*  
**#1 POST-OPERATIVE INSTRUCTIONS**

**CATARACT SURGERY**

1. **USE YOUR ANTIBIOTIC DROP (TAN LID) AND PREDNISOLONE 4 TIMES A DAY THE FIRST DAY AFTER SURGERY AND CONTINUE UNTIL YOUR NEXT VISIT.**
2. **WEAR SHIELD OVER OPERATED EYE WHILE SLEEPING FOR 1 WEEK.**
3. **NO LIFTING OVER 10 POUNDS FOR 1 WEEK.**
4. **NO BENDING WITH HEAD LOWER THAN THE KNEES FOR 1 WEEK.**
5. **NO RUBBING EYE.**
6. **ANY WORSENING REDNESS, PAIN, OR DECREASED VISION CALL IMMEDIATELY. 208-734-8934.**

**Your next appointment is:** \_\_\_\_\_

**OTHER:** \_\_\_\_\_

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